

# Isolation and Exclusion Guidelines for Child Care Settings

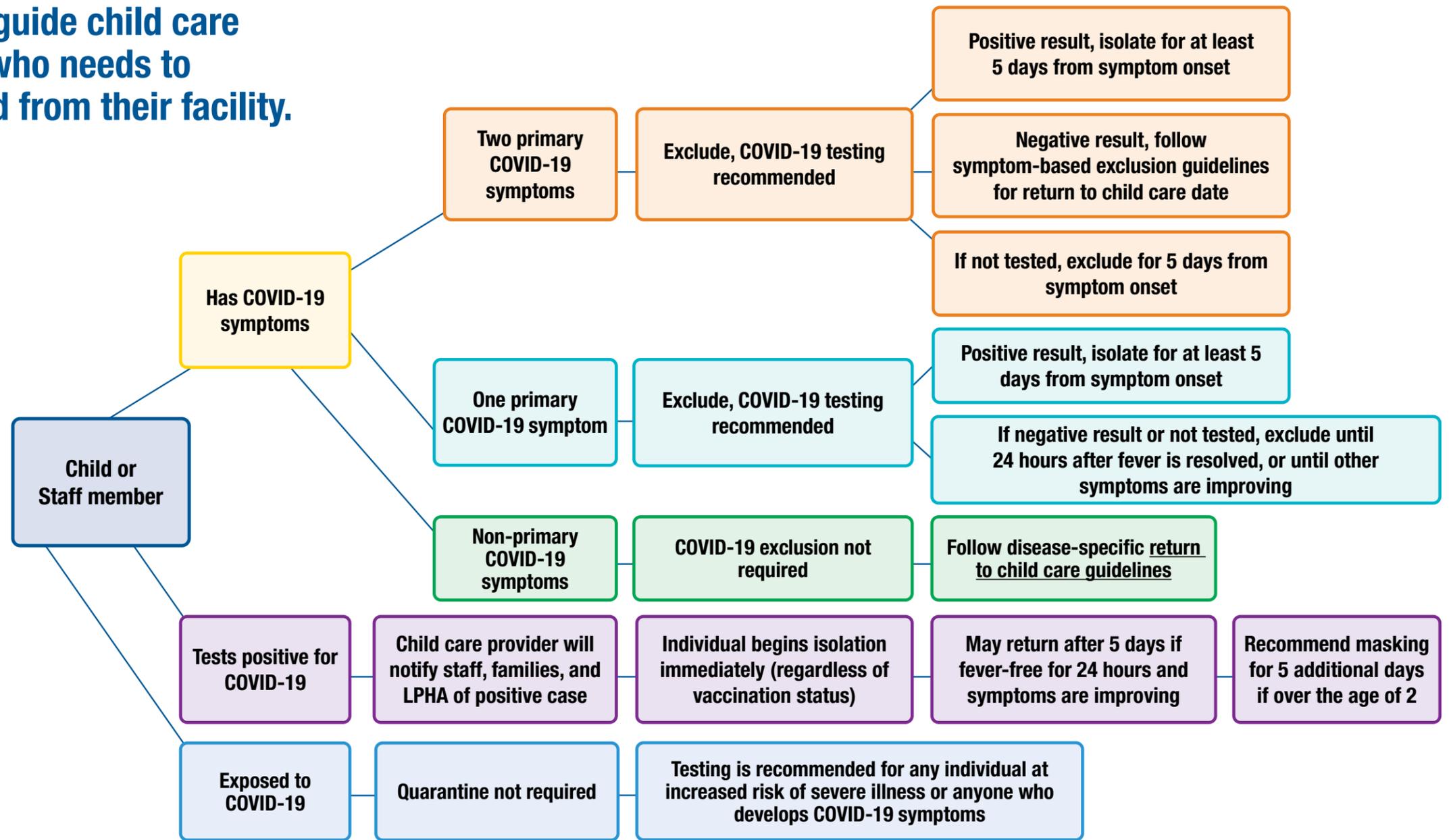
**This decision tree is to help guide child care providers in understanding who needs to isolate or should be excluded from their facility.**

**Isolation** is at least a 5-day period for people who have tested positive or have two primary symptoms after being exposed to COVID-19. Individuals 2 years and older are recommended to mask for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period. An individual should continue isolation if symptoms are not improving by day 5.

**Exclusion** means keeping a child or staff member out of a child care setting if they exhibit symptoms of communicable disease.

**Primary COVID-19 symptoms** are new cough (atypical, not related to a known underlying condition such as asthma or allergies), temperature of 100.4°F or higher, chills, shortness of breath, and new loss of taste or smell.

**Non-primary COVID-19 symptoms** are fatigue, muscle or body aches, headache, sore throat, nasal congestion, runny nose, nausea, vomiting, and diarrhea.



**Questions?** Please contact [ProviderContact@ode.oregon.gov](mailto:ProviderContact@ode.oregon.gov) or The Oregon Health Authority's [If You Test Positive helpline](#)