

# Isolation and Exclusion Guidelines for Child Care Settings

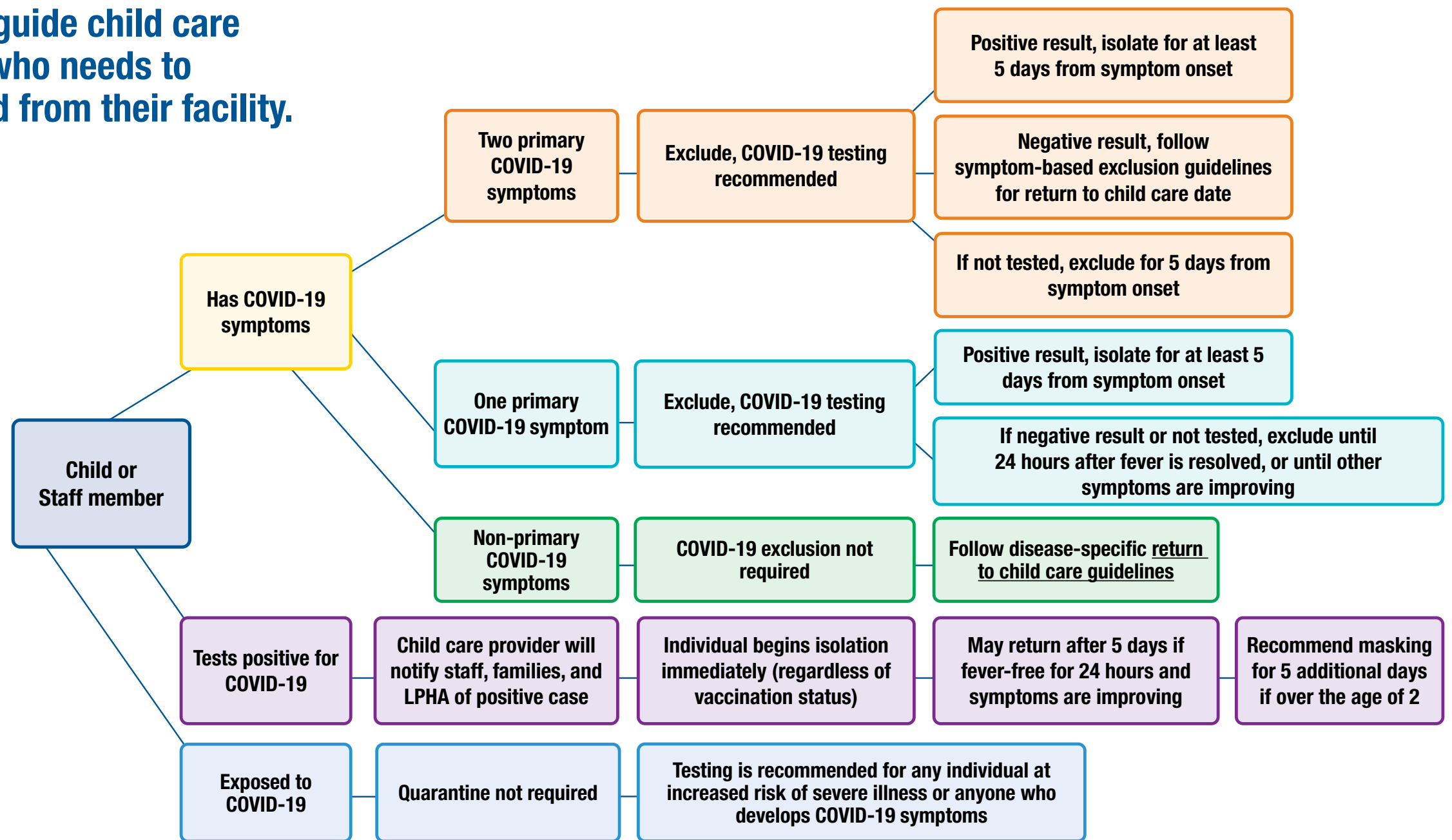
This decision tree is to help guide child care providers in understanding who needs to isolate or should be excluded from their facility.

**Isolation** is at least a 5-day period for people who have tested positive or have two primary symptoms after being exposed to COVID-19. Individuals 2 years and older are recommended to mask for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period. An individual should continue isolation if symptoms are not improving by day 5.

**Exclusion** means keeping a child or staff member out of a child care setting if they exhibit symptoms of communicable disease.

**Primary COVID-19 symptoms** are new cough (atypical, not related to a known underlying condition such as asthma or allergies), temperature of 100.4°F or higher, chills, shortness of breath, and new loss of taste or smell.

**Non-primary COVID-19 symptoms** are fatigue, muscle or body aches, headache, sore throat, nasal congestion, runny nose, nausea, vomiting, and diarrhea.



**Questions?** Please contact [ProviderContact@ode.oregon.gov](mailto:ProviderContact@ode.oregon.gov) or The Oregon Health Authority's [If You Test Positive helpline](#)